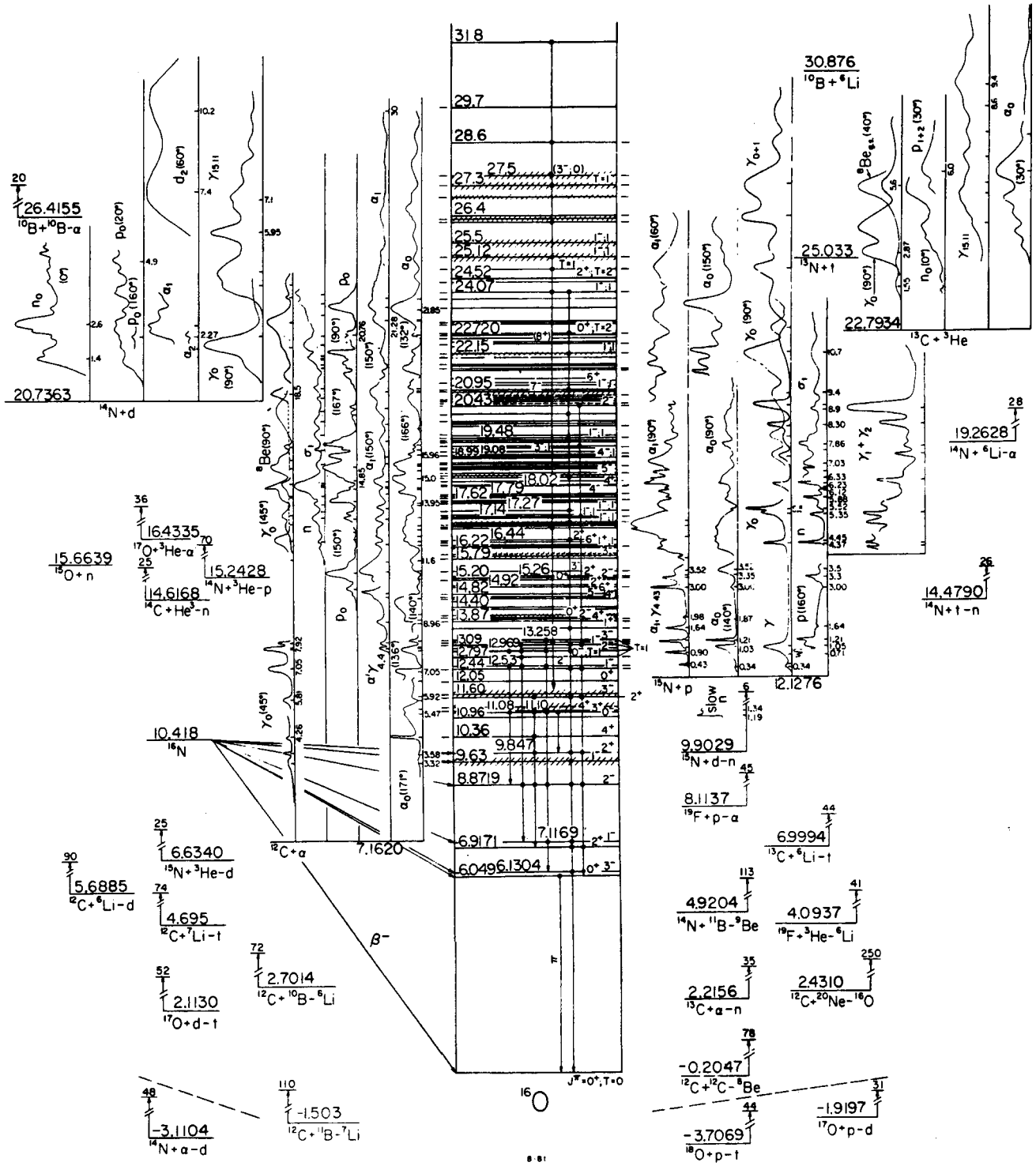

31.8
29.7
28.6
27.3
27.5
26.4
25.5
25.12
24.52
24.07
22.720
22.15
20.95
20.43
19.48
18.99
19.08
18.02
17.62
17.79
17.14
17.27
16.22
16.44
15.79
15.20
15.26
14.82
14.92
14.40
13.87
13.258
13.09
12.969
12.797
12.44
12.53
12.05
11.60
11.08
11.10
10.96
10.36
9.847
9.63
8.8719
6.9171
7.1169
6.0496
6.1304
^{16}O
$J^{\pi}=0^+, T=0$
^{12}C+α
7.1620
β⁻
10.418
^{16}N
26.4155
^{10}B+^{10}B-α
20.7363
^{14}N+d
15.6639
^{15}O+n
16.4335
^{17}O+^{3}He-α
15.2428
^{14}N+^{3}He-p
14.6168
^{14}C+He^{3}-n
6.6340
^{15}N+^{3}He-d
5.6885
^{12}C+^{6}Li-d
4.695
^{12}C+^{7}Li-t
2.7014
^{12}C+^{10}B-^{6}Li
2.1130
^{17}O+d-t
-3.1104
^{14}N+α-d
-1.503
^{12}C+^{11}B-^{7}Li
30.876
^{10}B+^{6}Li
25.033
^{13}N+t
22.7934
^{13}C+^{3}He
19.2628
^{14}N+^{6}Li-α
14.4790
^{14}N+t-n
^{15}N+p
12.1276
9.9029
^{15}N+d-n
8.1137
^{19}F+p-α
6.9994
^{13}C+^{6}Li-t
4.9204
^{14}N+^{11}B-^{9}Be
4.0937
^{19}F+^{3}He-^{6}Li
2.2156
^{13}C+α-n
2.4310
^{12}C+^{20}Ne-^{16}O
-0.2047
^{12}C+^{12}C-^{8}Be
-3.7069
^{18}O+p-t
-1.9197
^{17}O+p-d

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