

Table 5.1 from (1966LA04): Energy levels of  ${}^5\text{He}$

$E_x$ (MeV)	$J^\pi$	$\Gamma$ (MeV)	Decay	Reactions
g.s.	$\frac{3}{2}^-$	$0.58 \pm 0.02$	n, $\alpha$	5, 6, 7, 9, 11, 12, 13, 14, 15, 16, 18, 19
$2.6 \pm 0.4$	$\frac{1}{2}^-$	$4 \pm 1$	n, $\alpha$	5, 6, 7, 16, 18
$16.70 \pm 0.020$ ( $\approx 20$ )	$\frac{3}{2}^+$	0.081	$\gamma$ , n, d, t, $\alpha$	1, 2, 4, 7, 8 2