

Table 5.1 from (1959AJ76): Energy levels of ${}^5\text{He}$

E_x in ${}^5\text{He}$ (MeV)	J^π	Γ (MeV)	Decay	Reactions
0	$\frac{3}{2}^-$	0.55 ± 0.03	n, α	5, 6, 8, 9, 10, 11, 12, 13, 14, 16, 17
3 – 6	$\frac{1}{2}^-$	3 – 5	n, α	8, 14
16.69	$\frac{3}{2}^+$	0.08	n, d, t, α	2, 8
(≈ 20)		> 1	n, d, t, α	2