

Table 4.1 from (1992TI02): Energy levels of ${}^4\text{H}$ defined for channel radius $a_n = 4.9$ fm. All energies and widths are in the cm system.

E_x (MeV)	J^π	T	Γ (MeV)	Decay	Reactions
g.s. ^a	2^-	1	5.42	n, ${}^3\text{H}$	1, 11
0.31	1^-	1	6.73 ^b	n, ${}^3\text{H}$	11, 12
2.08	0^-	1	8.92	n, ${}^3\text{H}$	
2.83	1^-	1	12.99 ^c	n, ${}^3\text{H}$	11, 12

^a 3.19 MeV above the n + ${}^3\text{H}$ mass.

^b Primarily ${}^3\text{P}_1$.

^c Primarily ${}^1\text{P}_1$.