

Energy Levels of ^{16}Be from ENSDF (unpublished, April 1, 2024)

E_x (MeV)	$J^\pi; \Gamma$	Γ (MeV)	$E_{res}(^{14}\text{Be}+2n)$ (MeV)	Decay Mode
g.s.	0^+	0.32(8)	0.84(3)	$^{14}\text{Be}+2n^1$ (2024Mo02)
1.31(6)	2^+	0.95(15)	2.15(5)	$^{14}\text{Be}+2n^1$ (2024Mo02)

¹ Decays via direct dineutron emission.