Table 11.1 from (1990AJ01): Energy Levels of $^{11}\mathrm{Li}~^{\mathrm{a}}$

$E_{\rm x}$ (MeV)	$J^{\pi}; T$	$ au_{1/2} ext{ (ms)}$	Decay	Reaction
g.s.	$\frac{3}{2}^-, \frac{5}{2}$	8.5 ± 0.2	β^-	1

^a Excited states are calculated at $E_{\rm x}=2.68,\,3.13$ and 3.62 MeV, with $J^{\pi}=\frac{5}{2}^{+},\,\frac{3}{2}^{+}$ and $\frac{9}{2}^{+}$ [(0+1) $\hbar\omega$ model space] and at 4.58, 21.69 and 23.22 MeV, with $J^{\pi}=\frac{1}{2}^{-},\,\frac{3}{2}^{-}$ and $\frac{5}{2}^{-}$ [(0+2) $\hbar\omega$ model space] (1985PO10).