Table 10.6 from (2004TI06): Electromagnetic transition strengths in ^{10}Be [a]

$E_i \rightarrow E_f$ (MeV)	$J_i^\pi \rightarrow J_f^\pi$	Branch (%)	Γ_γ (eV)	Mult.	Γ_γ/Γ_W
$3.368 \rightarrow 0$	$2^+ \rightarrow 0^+$	100	$(3.66 \pm 0.35) \times 10^{-3}$	E2	8.00 ± 0.76
$6.179 \rightarrow 3.368$	$0^+ \rightarrow 2^+$	76 ± 2	$(4.5 \pm 1.7) \times 10^{-4}$ [b]	E2	2.5 ± 0.9
$\rightarrow 5.960$	$\rightarrow 1^-$	24 ± 2	$(1.44 \pm 0.53) \times 10^{-4}$ [b]	E1	$(4.3 \pm 1.6) \times 10^{-2}$
$7.371 \rightarrow 3.368$	$3^- \rightarrow 2^+$	85 ± 8	0.62 ± 0.06 [c]	E1	$(3.1 \pm 0.3) \times 10^{-2}$
$\rightarrow 5.958$	$3^- \rightarrow 2^+$	15 ± 11	0.11 ± 0.08 [c]	E1	$(1.2 \pm 0.9) \times 10^{-1}$

[a] Γ_γ from lifetimes and branching ratios. See also ^{9}Be(d, pγ)^{10}Be [reaction 14] and Table 10.12.

[b] Assumed maximum of asymmetrical uncertainty.

[c] From ^{9}Be(n, γ)^{10}Be (1994KI09).