

Table 10.1 from (2004TI06): Energy levels of  $^{10}\text{He}$  <sup>a</sup>

$E_x$ (MeV)	$J^\pi; T$	$\Gamma_{\text{cm}}$ (MeV)	Decay	Reactions
g.s.	$(0^+); 3$	$0.3 \pm 0.2$	n	1, 2, 3
$3.24 \pm 0.20$	$(2^+); 3$	$1.0 \pm 0.3$	n	3
$6.80 \pm 0.07$	$(3^-); 3$	$0.6 \pm 0.3$	n	3

<sup>a</sup> Based on data reviewed in this evaluation.