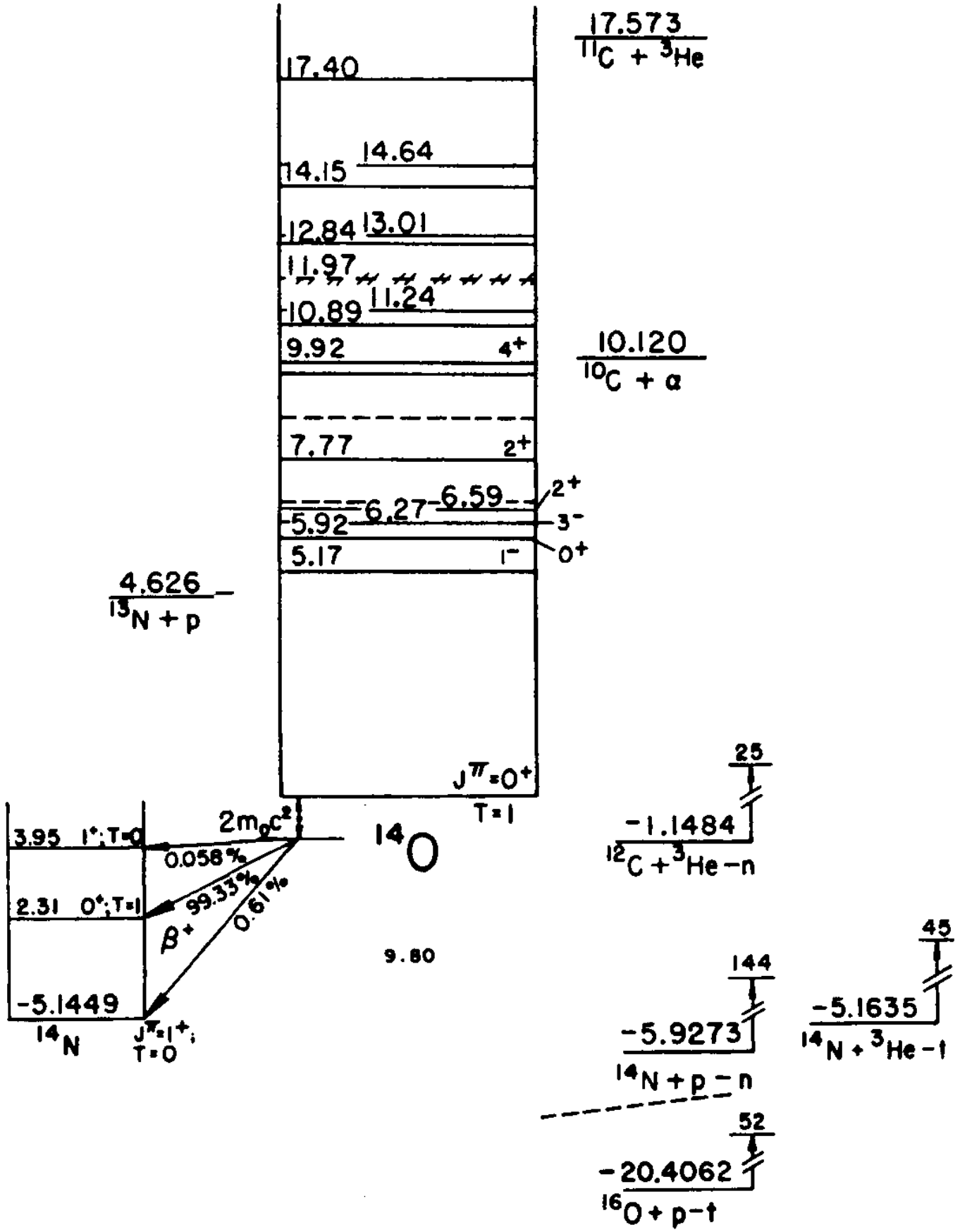
17.573
$^{11}C + {}^{3}He$
17.40
14.64
14.15
12.84
13.01
11.97
11.24
10.89
9.92
4+
10.120
$^{10}C + \alpha$
7.77
2+
6.59
2+
6.27
5.92
3-
5.17
1-
0+
4.626
$^{13}N + p$
$J^{\pi}=0^{+}$
T=1
^{14}O
9.80
$2m_0c^2$
3.95 1+;T=0
0.058%
2.31 0+;T=1
99.33%
0.61%
β^{+}
-5.1449
^{14}N
$J^{\pi}=1^{+}$;
T=0
25
-1.1484
$^{12}C + {}^{3}He - n$
144
-5.9273
$^{14}N + p - n$
45
-5.1635
$^{14}N + {}^{3}He - t$
52
-20.4062
$^{16}O + p - t$