



$J^\pi = 3/2^- ; T = 5/2$

^{11}Li

$\frac{0.3691}{^9\text{Li}+2\text{n}}$

$\frac{0.3955}{^{10}\text{Li}+\text{n}}$

β^-

$\frac{-20.5513}{^{11}\text{Be}}$