Energy Levels of $^{10}\mathrm{N}$ from ENSDF (unpublished, July 2017)

E_{x} (MeV \pm keV)	$J^{\pi}; T$	Γ (MeV)	Decay
g.s.	$(1^-); T = 2$	$2.5^{+2.0}_{-1.5}$	p
0.9 ± 300	$(2^-); T=2$	$2.0_{-0.5}^{+0.7}$	p